

Steps to View the Blood Pressure Video:

Using a high speed internet connection, go to www.cdaa.ca. If you do not have high-speed at home, make arrangements to use a friend's computer or visit a public library.

You will need to log on to the CDAA site using your name (identical to your SDAA membership card) and SDAA ID number (found on your certificate and annual membership card).

If you are a new user of the CDAA site you will be emailed a password to your personal email address within approximately 25 minutes. Please note that you can change this password to one of your preference as soon as you log in for the first time with your password.

Once you are logged into the member section, go to the "Continuing Education" section. In the drop box you will see "Online Courses". Follow that link and you will be able to click on the video file. Follow the instructions. Please note this takes about 20 minutes to download, this file is extremely large, please be patient.